

# LITTLE SISTERS OF THE POOR

*Serving the elderly poor  
in Los Angeles since 1905*

Winter, 2012  
Volume: # 10 Number: 1

SAN PEDRO, CA  
2100 S. Western Ave.  
San Pedro, CA 90732



SAN PEDRO, CALIFORNIA



*"I wish to renew my spiritual closeness to all sick people who are in places of care or are looked after in their families, expressing to each one of them the solicitude and the affection of the whole Church.."*

**Pope Benedict XVI  
World Day of the Sick**

## World Day of the Sick

Celebrated at the Cathedral of Our Lady of the Angels

Joining over 2,500 others in the Archdiocese, 15 Residents, 5 Little Sisters and 5 volunteers journeyed to the Cathedral of Our Lady of the Angels in downtown Los Angeles for the celebration of Mass for the World Day of the Sick and to receive the Sacrament of the Anointing of the Sick.

"World Day of the Sick was instituted by Blessed John Paul II in 1992," explained Auxiliary Bishop Edward Clark during his homily. "It is celebrated on February 11<sup>th</sup> which is the day on which the church also commemorates the feast of Our Lady of Lourdes."

This celebration is a reminder to pray for all those who are sick and to recognize and

honor those who work in healthcare and those who serve as caregivers.

The Mass and Anointing of the Sick were hosted by the Western Association of the Order of Malta. Many Knights and Dames were available at the Cathedral to assist as Residents arrived and during the Mass and Anointing.

"It was heartwarming to see many of the Knights and Dames again who have also hosted the annual Lourdes Day at our Home," said Sister Clotilde. "We were so grateful for their greetings and assistance at the Cathedral. It added a special element of friendship to such a grace filled celebration."



*Those who arrived first from San Pedro waited at the door of the Cathedral to be joined by the others.*



*The Cathedral was filled to capacity but we were able to sit together. Our Residents in wheelchairs were altar side!*

# LITTLE SISTERS OF THE POOR



## Auxiliary Elects New Officers

Seated (Left to Right)

President ..... Jan Werneid

President-elect..... Dottie Good

1st Vice Pres..... Mingli Wang

2nd Vice Pres. .... Ida Mavar

Standing (Left to Right)

Treasurer ..... Mary Jean Salcido

Recording Sec ..... Laura Wetzel

Correspd. Sec ..... Irene Almeida

2nd Vice Pres. .... Rita Swartz

On Wednesday, January 18, 2012, the Auxiliary of the Little Sisters of the Poor held its annual officers' installation dinner and meeting.

Marie Treacy officiated at the installation. She began by giving a special "Thank You" to Dottie Good who volunteered last year to take over as President when President Maria Smith moved out of state. "You set an example of dedication for all of us and we thank you for keeping us on track for another successful year in helping the Little Sisters," said Treacy.

After introducing the new officers, Treacy announced a change of plans for the installation ceremony. Instead



*Saturday, June 23, 2012  
Toyota USA Automobile Museum  
Evening's Honoree - Bishop Joe Sartoris*

of the officer's pledging their service to the Auxiliary, the membership would make a pledge to the officers. After a few uncomfortable laughs, the pledge began as the members put their hands in the air.

"I promise to ASSIST in whatever way I can this year, ENCOURAGE the officers in their many efforts, and CONTRIBUTE to the success of our annual fund-raising event." The entire Auxiliary enjoyed the change and applause followed.

Our event will be held on Saturday, June 23<sup>rd</sup> at the newly opened Toyota USA Automobile Museum in Torrance.

As an added part of this year's event, we will pay tribute to Bishop Joe Sartoris for his many years of devotion to the Little Sisters of the Poor. His friendship and spiritual support for their work is exemplary. The recognition of his example will be an inspirational part of the evening.

Auction items are needed: vacation & condos, weekend getaways, spa days, restaurants, sports & theme parks, air & water rides and more.

Call 310-548-0625.

## Our New Handicap Van is Put into Service

**Sr. Clotilde shows how an electric scooter easily fits into our new handicap van. The van has an automatic ramp and door for easy access and is fitted for two wheelchairs. Residents with walkers are thrilled too since they can just walk right into the van and take a seat. The van is used primarily for everyday trips to doctors' offices.**

**Many thanks to the Auxiliary for sponsoring the van in their *Raise the Paddle* live auction section and to the benefactors who responded so generously!**





**Hair stylist Mary Glavan visits with Resident Anne Coyne. Anne sees Lent as a time to focus on the many blessings of life and to avoid the temptation to become discouraged. Participating in activities is her goal to keep up her positive spirits.**



**Resident Lupe Garcia shares with Sr. Gemma that during Lent she will embrace more fully the weaknesses of her body. Walking is becoming more of a problem but by offering up her discomfort she finds a way to bring meaning to her difficulty.**

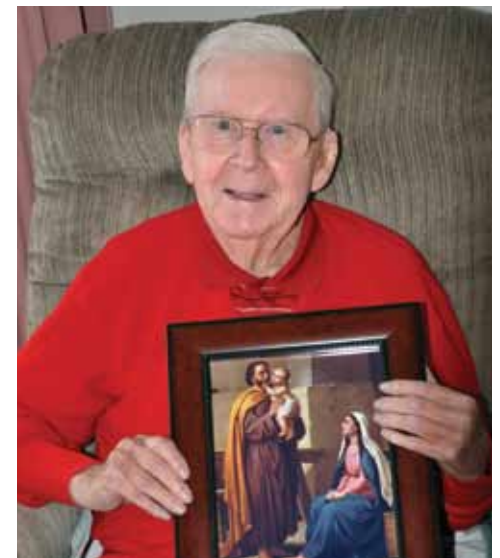
## St. Joseph, Pray for Us!

We will celebrate the feast day of St. Joseph on March 19<sup>th</sup>. Our foundress, St. Jeanne Jugan, chose St. Joseph as the Patron of the Little Sisters of the Poor. Since he provides so lovingly for the Holy Family, Jeanne believed that he would guide the Little Sisters and be their Protector too.

Once she observed the old people in her Home eating dry bread because there was no butter. “But this is the land of butter!” she exclaimed. “Why on earth don’t we ask St. Joseph for some?” She lit a candle in front of his statue. Days later, an anonymous donor sent a very large amount of butter and all the dishes were filled.

Her devotion to this humble saint is part of the spiritual heritage she left to those who follow her example of serving God in the Aged Poor. We continue to confide our needs to his intercession and frequently place written intentions under his statue.

**Resident Joe McNamee holds his favorite picture of St. Joseph, his patron saint. Raised in Pittsburgh, Joe is the eleventh of thirteen children. He has had a particular devotion to St. Joseph throughout his life.**



## Lent: A Season of Renewal

### Rita Swartz, Development Director

With Lent coming, I started to think about Fat Tuesday, Ash Wednesday and what I might give up.

Just for fun, I googled “How to make Lent Meaningful.” There were almost five million responses—amazing—and one of the first options had an interesting challenge. *How can Lent be less of a time of rituals and more of a time of true spiritual renewal, a time more transforming?*

Yes, Lent calls us to renew our commitment to spiritual practices like fasting, prayer, and alms giving.

Fasting always seems to be a corner stone of Lent because when I “give up” something it helps my self-discipline. Rather than give up chocolate, one web entry suggestion to give up some unhealthy way of living—gossiping, laziness, over

indulgence—and take steps to become the person God is calling me to be. This might bring more lasting and positive changes than giving up chocolate!

I loved the tip on focusing prayer time on seeking more clearly an understanding of how to live like Christ. To encourage this special time of prayer, it was suggested to read a book or two about the lives of saints to get some very clear examples. Good idea!

Then there was the tip about reviewing the excesses in my life. What are some things I could do without? How can I use Lent to cultivate a spirit of generosity? This is an opportune time to share with others and show Christ’s love especially to those in need.

Now I am actually looking forward to Lent. Making it more of a time of spiritual renewal will be a great way to prepare for Easter.

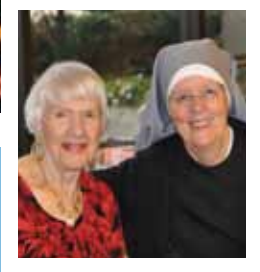
**“May Lent be for every Christian a renewed experience of God’s love given to us in Christ, a love that each day we, in turn, must ‘re-give’ to our neighbor...”**  
Pope Benedict XV.”

# LITTLE SISTERS OF THE POOR

Visit us at [www.littlesistersofthepoorsanpedro.org](http://www.littlesistersofthepoorsanpedro.org)

## A Simple Note

By: Mother Paul



**Resident Margarite Falcone and Mother Paul**

As we prepare for the beautiful time of Spring, when everything begins to renew itself and open itself to new life, our Holy Father Pope Benedict XVI extends his invitation to all Christians, as he leads the Church into the Year of Faith, which officially begins in October 2012.

The Pope's words *...that Faith helps people recognize the face of Christ in those who are suffering, and it is His love that impels us to assist Him whenever He becomes our neighbor...* make me think of St. Jeanne Jugan. She would often say, "Never forget that the poor are Our Lord!" From the day she received her first elderly lady, her faith-filled life began anew. She served God in her old people. She loved Him in her poor, with her whole heart, her whole soul and with all her strength.

So as we prepare the ground for this Year of Faith, let us open our hearts more fully as Jeanne did to the strength and encouragement offered by the gift of our Faith.

May God fill your hearts with peace and strength as we journey together during this season of Lent. With deep gratitude to each of you, we assure you of our prayers, and the prayers of our Residents, which are offered daily for you!

## Our Needs

We are very grateful to all those who support our Residents. Through your generosity, many needs have been met including our new handicap van and chairs in the dining room. Thank you for your continued generosity, prayers and friendship.

As we plan ahead, we see an important need for our Home. Our washers and dryers in our Laundry Facility were installed in 1979. Through diligent maintenance, they have continued to function. However, parts are now hard to find and very expensive. Three years ago we replaced the boiler in the laundry, now we must plan to replace the washers and dryers. Any contribution you can make toward this project is greatly appreciated.



**According to Ray Diaz, Laundry Supervisor, over 200,000 pounds of clothing, bed linens, towels and other items are processed each year for the Home.**

## Upcoming Events

### World Youth Day 2012

April 1, Palm Sunday



Many of us are only familiar with the big international World Youth Days that occur every 2-3 years in a major world city. But this Palm Sunday is World Youth Day in dioceses around the world. The theme is: "Always be joyful in the Lord!", taken from the Letter of St Paul to the Philippians (4:4). We will celebrate the day with the participation of a youth choir during our Sunday Mass.



**We thank the youth from Holy Trinity School who generously volunteer to serve at various events at our Home.**

### National Volunteer Appreciation Week

April 15-21, 2012



National Volunteer Week has been celebrated annually since the 1970s. On Tuesday April 24<sup>th</sup>, we will particularly recognize the over one hundred fifty volunteers who help in our Home. Together they give more than 26,000 hours of service each year for which we are most grateful.



**Eileen Presson, Marilyn Kuptz & Corrine Speltz are among the volunteers who work throughout the year at Jeanne Jugan Residence.**