

LITTLE SISTERS OF THE POOR

*Serving the elderly poor
in Los Angeles since 1905.*

Summer 2017
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**JEANNE JUGAN
RESIDENCE**
2100 S. Western Ave.
San Pedro, CA 90732
310-548-0625



JEANNE JUGAN RESIDENCE

Making Music and Memories Together

Our Activities Department has recently become certified by the State of California to launch our new Music and Memory Program for our Residents. Music Memory is profoundly linked to emotions, which brings personalized music to the lives of our Residents using iPods to improve their quality of life and creating a healthier environment.

Music memories are stored deep into the brain. While Alzheimer's and other forms of dementia damages the ability to recall facts

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and details, it does not destroy these lasting connections between a favorite song and memory of an important life event, no matter

how long ago. Personalized music provides a means of communication and self-expression when verbal language abilities are diminished. Music replaces confusing environmental stimuli with something interpretable, redirecting the participant from boredom or distress with a soothing familiar experience. It also decreases agitation and provides a distraction from fear and anxiety. Individuals are more engaged with those around them and will become less agitated,

calmer and sun downing is often reduced or eliminated.

One of our Residents, who usually is nonverbal, responded to the music by talking to the staff when she heard songs that brought back memories for her. It brought a smile to her face and tears of joy to her eyes. Another Resident came alive, smiling, singing and dancing in her wheelchair. It's so much fun to watch the transformation in our Residents with this program.

We have been blessed that by becoming certified we received 15 iPod shuffles, \$75.00 in iTunes gift cards, 15 earphones, a small speaker, charger port and 15 neck pouches. Sandpipers just awarded us \$2500 to purchase additional iPod shuffles, iTunes gift cards, and headphones to help us with the launch of this program for our Residents.

How can you assist us? We need new or gently used iPods shuffles with on-ear headphones (not the mini earbuds) as well as iTunes gift cards. This program is in the beginning stages at our home, but we can already see how it brings our Residents alive.

If you would like to help please contact our Activities Director, Bing Varias (310) 548-0625 ext 227.



Molly enjoying the music and dancing in her chair with Hamid our volunteer to the great music by BJ the DJ.





Never too old for a roller coaster ride at the Orange County Fair

By Activities Assistant Jackie Ramirez

No matter how old you are, the feeling of riding a roller coaster is a mixed bag of emotions. There's the nervousness while you wait in line, the excitement as you buckle yourself in and the thrill as you come speeding down the first drop. Oh, and you can't leave out the screaming! This wasn't the case for our sweet Louie. He had a grin from ear to ear the entire day, and for a moment, age wasn't a factor...he was young again. Reminiscing of the days when he was a kid and all he wanted to do was ride everything when the fair came to town. We had the privilege of taking some of our Residents and Sisters to the



continued on page 3

Residents Day Celebration

Every year on the Feast of St. Ann (which was the name of our first home in Boyle Heights) we celebrate Residents Day. This year we had a Carnival, with games, food, and music by B.J the DJ.

Each department was asked to take care of the various booths. The kitchen handled the food, housekeeping the football toss, physical therapy the beach ball toss, administration the horseshoe toss and development the photo booth. When they won at the game booths, the Residents received tickets which they could redeem for fun prizes.

It was great watching the Residents, staff and volunteers enjoying one another's company and singing and dancing. Much fun was had by all during a day of celebration and joy.



All aboard!

By Activities Assistant Jackie Ramirez



AJJ Members Rick and MaryJo Nieger, Suzanna and Residents Magdalene Ornelas and Jesse Cruz

On July 27th, we took full advantage of having the beautiful Pacific Ocean in our backyard by taking a group of residents, staff, and Associates of Jeanne Jugan (AJJ) members on a Sunset Cruise around our local harbor. We could not have asked for better weather. It was perfect, but then again, we live in

Southern California. Who needs a tour guide when the majority of your group were born and raised in San Pedro. Many stories unfolded while looking out at the bay. Smells of the ocean and ships bring on an array of memories for these men and women who watched as a small port town underwent a huge change and became the populous city it is today. As the day progressed, we enjoyed a relaxing picnic overlooking the wharf. When we finished our day out, the residents took the scenic route home to admire the city lights and the ocean breeze. It was absolutely perfect!



Top Left: Residents Mary & Joseph Frick, Lorraine Keeling and Jim Moffett; Top Right: Resident Ina Pearl Hilkey, and AJJ Member Josefina Ledezma; Middle Left: AJJ Member Melissa DeMigelio and Resident Art Torres; Middle Right: Residents Beverly Kentzelman, Anna Vassallo and Margaret O'Leary; Bottom Left: AJJ Member Frank DiMeglio, Hamid Ala and Erlinda Cambe Ala; Bottom Right: Resident Louis Tousignant and AJJ Member Jerry DiLeva

THE AUXILIARY OF THE LITTLE SISTERS *of the POOR*

present
The 20th Annual

Make it a Habit



Saturday, September 16, 2017

5:30pm No host cocktail reception

7:00pm Dinner followed
by live auction

**DoubleTree by Hilton
Torrance – South Bay**
21333 Hawthorne Blvd.
Torrance, CA 90503

For more information call (310) 548-0625 / www.lspsoocal.org

For more information on Jeanne Jujan and the Little Sisters visit
www.littlesistersofthepoor.org or visit the San Pedro home at
2100 S. Western Ave, San Pedro, CA 90732

During the cocktail reception the Auxiliary will host a Golden Ticket Raffle.

The Golden Ticket Raffle is an exciting ALTERNATIVE to a “silent auction” separate from all the other raffle or live auction items at the event. The Golden Ticket Raffle offers exquisite gift packages such as a weekend getaway to Palm Desert or San Francisco, passes to theme parks, tickets to theater performances, local television shows, sporting events and many more.

**You must be present at the event to participate in the
Golden Ticket Raffle.**

**Visit our website for more information about cost and
register for the event.**

Welcome Sister Grace



SISTER GRACE

We welcome Sister Grace to our home. Sister Grace comes from the home in Palatine, Illinois and will be caring for our Residents, chapel and retreat house.

Sister Grace enjoys being with the Residents' and they enjoy her down to earth presence.



Orange County Fair

continued from page 2

annual Orange County Fair. Between all the laughter and fun we were having, we managed to squeeze in some yummy fair food and LOTS of it! It was a good thing we had a long walk back to the car. We will be sure to come back next year and see what new memories we can make.



On Thursday, July 6 2017 Sister Isabel celebrated her 60th year of Religious Profession as a Little Sister. In honor of this joyous occasion and to congratulate Sister Isabel on her momentous milestone her nephew Fr. Hernando and niece Gloria traveled from Colombia to be here, her cousin Alba also came. It was an honor for Fr. Hernando to celebrate her mass and it gave Sister Isabel's family great joy to be part of the renewing of her vows. The rest of the afternoon was spent quietly with her family and the Little Sisters.

A Simple Note

By: Mother Superior



It is a blessing to return to San Pedro after having been away for eight years. When I arrived on May 25th it was a joy to see so many familiar faces in the welcoming group that had gathered to greet me. As I arrived at the front entrance of our Home, the familiar, sweet smell of roses, the colorful summer flower gardens and the statues of the Sacred Heart and our patron, Saint Joseph were all I needed to assure me that I was truly where God has meant me to be. How thankful I am to the Little Sisters, our Residents, devoted volunteers and staff members, all of whom received me back with open arms and hearts. I look forward to sharing and devoting my life and the love of my religious vocation with each one of you.

The three months following my arrival have been packed full of days of anticipation and planning. All of these occasions have created opportunities to introduce or re-introduce myself to the specific flavor of San Pedro, CA, especially the weather, which has been picture perfect! Our Activity Staff have taken full advantage of this, assuring a variety of excursions and outdoor events including trips to the beach, picnic areas and boat rides on the ocean.

Over the years many building improvements have been accomplished, all for the benefit of our Residents safety and enjoyment. We hope to continue to update our Home as we strive to create an atmosphere of comfortable and cheerful surroundings. I have fond and lasting memories of the generous friends and benefactors of San Pedro. You have always been receptive to our message of need in whatever situation we would find most pressing and important for the good of our dear Residents. I hope that you will continue to accompany us on our journey of remodeling our Home. I am eager to have the opportunity to meet and share with our Advisory Board, Auxiliary and our Benefactors our vision of renewal and update of the various spaces and structures within our Home.

Our Mother Foundress, Saint Jeanne Jugan had a prophetic vision and she has left us this legacy. As we celebrate her feast day on August 30th let us ask her to help each one of us to grow in our love for the elderly whom we so gratefully embrace as we would Jesus Christ Himself. Please feel welcome to visit us, and please don't hesitate to ask me or one of our Little Sisters for help. We try to be available to answer any questions or respond to a need in any way we are able. We ask for your prayers and assure you of a daily remembrance in our own.

May God Bless You,

Mother Marguerite

LITTLE SISTERS OF THE POOR

Visit us at www.littlesistersofthepoorsanpedro.org

Our Needs

Little Sisters of the Poor need your help with their annual Holiday Boutique which will be held Saturday, November 12, 2016. We need the following: (1.) COLLECTIBLES: China, silver, glassware, decorator items, lamps, vases, sets of dishes and wine glasses (even partial sets) etc. (2.) JEWELRY: Earrings, necklaces, bracelets, pins, beaded purses, whatever. (3.) BAKED GOODS: Jams, marmalades, cookies, breads, pies, cakes, cupcakes (please indicate if baked goods have nuts or not) please deliver to Little Sisters starting Thursday, November 9, 2017.

All ideas welcome. (4.) VOLUNTEERS: We need volunteers to assist with painting ceramic items to be sold at the event as well as to assist at the event.

Please call Bing Varias, if you have questions 310-548-0625 ext 227

Upcoming Events

Summer Movie Nights under the Stars

\$10.00 per family / 7:30 p.m.

Fun for the whole family in a safe picnic style setting in the Little Sisters of the Poor Garden Area Full Concession Stand for purchase

Friday, September 8, 2017 (Jungle Book)
Boy Scouts Free

Friday, September 22, 2017
Final Movie Night (Beauty & the Beast 1991)
1st Responders Families Free



20th Annual Auxiliary Little Sisters Gala "Make it a Habit"

September 16, 2017
Doubletree by Hilton
Torrance - South Bay
21333 Hawthorne Blvd, Torrance, CA 90503
5:30 p.m.



Annual Holiday Boutique

Saturday, November 11, 2017
2100 S. Western Ave, San Pedro
8:30 a.m. to 5:00 p.m.

Needs For Our Home

- Body Lotions/Body Wash
- Mouth Wash/Toothbrushes
- Deodorant
- Adult Disposable Briefs Pull-Ups (L and XL)
- Boost Drinks (dietary supplements)
- Lysol disinfectant wipes
- Liquid laundry detergent
- Paper Goods: Paper plates, Cups, Napkins, Paper Towels, Kleenex
- Soft Drinks
- Liquors for Residents Social/ Happy Hour
- Gift Cards for shopping, restaurants, or events
- Bleach
- Used Pick-up truck

Join Us

by saving a stamp and donating online!!

Visit our website:

www.littlesistersofthepoorsanpedro.org

Share your email with us

By clicking on "Register Here"

Make a quick donation

By visiting our WeShare page

Donate Used Vehicles or Electronics

By visiting our iDonate page

Development Update

Your privacy is important to us, and that information you share with us remains in our office. The Little Sisters of the Poor have a policy never to sell, rent or give your private information to anyone. Thank you for sharing your lives with us as we count on your generosity. Without your collaboration, we could never continue our mission to the needy elderly.

In addition to regular mail, you can always help us by visiting our website to donate online, to give a gift in remembrance of a deceased loved one, or to honor someone on a special occasion. Matching gifts by employers, United Way certainly extend your help and remembering the needs of the Home when planning your annual gift giving and estate planning enables us to do more of what we are here to do.